

WEST DEPTFORD SCHOOL DISTRICT

Content Area: Health			
Course Title: 6th grade Health			Grade Level: 6
Quarter 2 - Alcohol			3 weeks
Topic 1: Facts/Laws Topic 2: Applying Health Skills Topic 3: Binge Drinking Topic 4: Short and Long term effects of Alcohol Topic 5: Alcohol project			
Quarter 2- Tobacco			3 weeks
Topic 5: Facts/Laws Topic 6: Short and Long Term Effects of Tobacco Topic 7: Smokeless Tobacco Topic 8: Vaping			
Quarter 2 - Drugs			3 weeks
Topic 9: Facts/Laws Topic 10: How drugs work Topic 11: Getting help Topic 12: Prescription Drug Abuse			
Date Created: August 2022 Revised: August 2023		Board Approved on: August 2022 Revised Board Approved: August 2023	

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6th Grade Health Pacing Guide

Topic Number	Title	DATES	Number of Days
1	What is Alcohol?		1 day
2	How does it affect the body?		1 day
3	Applying health class to real life skills.		2 days
4	Short/Long term effects of alcohol.		2 days
1-4	Assessment		2 days
5	What is Tobacco?		1 day
6	Long and Short term effects of tobacco use		2 days
7	Smokeless tobacco		1 day
8	E-Cigs/Vaping		1 day
5-8	Assessment		2 days
9	What are drugs?		1 day
10	How drugs work.		1 day
11	How to get help.		1 day
9-11	Assessment		2 days

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Health Lesson Plan Format

{45 Minutes of Instruction}

OPENING

5 minutes

- Attendance, ice breaker activity

SETTING THE STAGE

5 minutes

Objectives- Purpose of lesson and expectations

TEACHER LED INSTRUCTION

10 minutes

Lesson Topic

Learning plan- Teacher led explanation of lesson

Guided practice- teacher to student led

STUDENT LED INSTRUCTION AND ASSESSMENT

25 minutes

Independent practice

Assessment-teacher observation, lesson assignments, class discussion, student participation, end of unit assessments